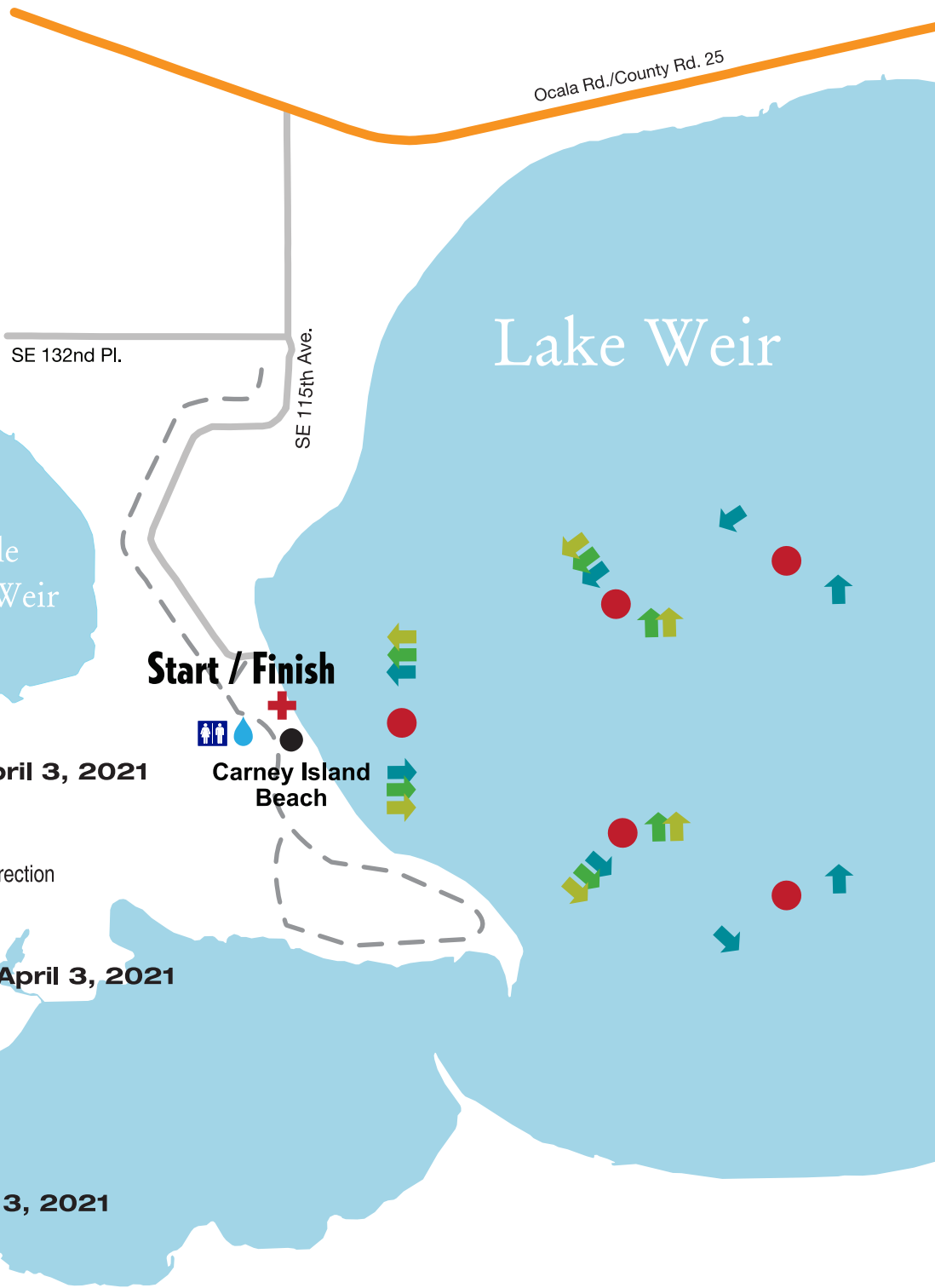




**Ocala, Florida
Swim Course**

750 meters/1,500 meters/1.2 miles



ALPHA SPRINT: Saturday, April 3, 2021

- Swim: 750 meters (one loop)
 - 1) – In water start at Carney Island Beach
 - 2) – Swim one loop in counter-clockwise direction
 - 3) – Exit water to T1

ALPHA OLYMPIC: Saturday, April 3, 2021

- Swim: 1,500 meters (two loops)
 - 1) – In water start at Carney Island Beach
 - 2) – Swim two loops in counter-clockwise direction
 - 3) – Exit water to T1

ALPHA 70.3: Saturday, April 3, 2021

- Swim: 1.2 miles (two loops)
 - 1) – In water start at Carney Island Beach
 - 2) – Swim two loops in counter-clockwise direction
 - 3) – Exit water to T1

Course Key			
Alpha Sprint =	→	Trail =	---
Alpha Olympic =	→	Aid Station =	💧
Alpha 70.3 =	→	Medical =	+
		Porta-Potty =	🚻
		Mile Marker =	5